Tour in Mauritania: 7-Day Sahara Desert Expedition

7 days | 6 nights | Nouakchott, Adrar and Banc d'Arguin

This 7-day tour takes you through the best of Mauritania. Walk the old caravan towns of Chinguetti and Ouadane in the Adrar, both UNESCO World Heritage Sites, where family libraries still keep centuries-old manuscripts. See the Richat Structure, the 40 km wide “Eye of the Sahara” visible from space, then enjoy the oases of Tanouchert and Terjit. The journey ends at Banc d'Arguin National Park, where the dunes meet the Atlantic and millions of migratory birds spend the winter.

Mauritanian Best Tours has been running desert trips since 2005. We arrange your expert local guide, a comfortable 4x4 with an experienced driver, and your accommodation along the route.

Trip highlights

- Nouakchott: National Museum, bustling markets and a traditional Mauritanian welcome dinner
- Atar: historic caravan town and gateway to the Adrar region
- Richat Structure (Eye of Africa): one of Earth's most remarkable geological formations
- Oasis of Tanouchert: hidden palm grove oasis
- Chinguetti: UNESCO-listed holy city with medieval manuscript libraries and sand-covered streets
- Amogjar Pass and Terjit Oasis: ancient rock art, a canyon and refreshing natural pools
- Banc d'Arguin National Park: UNESCO World Heritage site and haven for over 2 million migratory birds
- Coastal wonders: Atlantic beaches and traditional Imraguen fishing villages

Itinerary

Day	Route and highlights	Overnight
Day 1	**Arrival in Nouakchott.** Transfer from Nouakchott International Airport to your hotel, 35 km away (about 40 minutes). Rest after check-in and, depending on your arrival time, explore the National Museum or the markets. Welcome dinner with traditional Mauritanian cuisine at a local restaurant.	Hotel, Nouakchott
Day 2	**Nouakchott to Atar.** Depart at 7:30 AM, heading northeast to Atar, about 450 km (approximately 5 hours), with a tea stop at Akjoujt. Spend the afternoon exploring Atar, its local markets and the desert landscapes around Azougui.	Hotel Atar Etoile du Nord, Atar
Day 3	**Atar to Ouadane and the Richat Structure.** Depart at 7:30 AM for Ouadane, about 180 km (approximately 3 hours), and a traditional Mauritanian lunch. Drive to the Richat Structure, about 45 km from Ouadane (around 1.5 hours of desert driving each way). Return to Ouadane to explore the ancient town, then visit the nearby sand dunes.	Auberge El Ghallawiya, Ouadane
Day 4	**Ouadane to Chinguetti via Tanouchert.** Depart at 7:30 AM for the palm oasis of Tanouchert, about 30 km (approximately 1 hour of desert driving), then continue to Chinguetti, about 60 km (about 2 hours). Lunch and tea at your hotel. Explore the ancient mosque and libraries of this UNESCO World Heritage Site, watch the sunset over the dunes and enjoy dinner at a local guesthouse.	Auberge Eden, Chinguetti

Day	Route and highlights	Overnight
Day 5	**Chinguetti to Terjit via the Amogjar Pass.** Depart at 7:30 AM for the Amogjar Pass, about 35 km (approximately 1 hour), then continue to Terjit Oasis, about 60 km (approximately 1.5 hours). Spend the afternoon at the oasis, swim in the natural pools and enjoy a picnic lunch. Camp under the stars in the evening.	Tent, Chez Jemal, Terjit
Day 6	**Terjit to Banc d'Arguin National Park.** Depart at 7:30 AM for the park, about 550 km (6 to 7 hours on mixed paved roads, unpaved roads and desert tracks). Take a boat tour to spot flamingos, herons and pelicans, enjoy a seafood lunch overlooking the lagoon, then relax on the beach.	Camping PNBA Arkeiss, Banc d'Arguin
Day 7	**Banc d'Arguin to Nouakchott.** Depart at 7:30 AM for Nouakchott, about 340 km (approximately 4 to 5 hours on a mix of desert and paved roads), stopping at scenic viewpoints and local villages along the way. Transfer to the airport for your departure flight.	None (end of tour)

Departure times and driving times are approximate and are confirmed by your guide according to conditions on the day.

Price

Solo traveler	**EUR 1,900** per person
Two or more travelers	**EUR 1,450** per person

Included

- All accommodation: 6 nights (hotels and desert camps)
- Expert guides: local English and French-speaking team
- All transport: 4x4 Toyota Hilux and fuel
- Daily meals: 6 breakfasts, 5 lunches and 5 dinners
- UNESCO site fees: Chinguetti, Ouadane, Terjit and Banc d'Arguin

Not included

- Visa fees (approximately USD 60)
- Meals not listed in the itinerary

To check available dates, confirm the full list of what is included and book your place, please contact us by WhatsApp at +222 27 27 27 59 or by email at contact@mauritanian-best-tours.com.

Kind regards,

Mohamed Lemine El Hassen
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